



# Company Services

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## **Companion Services**

Companionship Services include keeping the client company and engaging the client in any number of activities, such as Conversation; Reading; Writing; Games; Crafts; Playing Cards; Walking; Planning, Cooking, and Serving Meals; Baking for Holidays and Special Occasions; Assist with Entertaining; Medication & Appointment Reminders; and Escort to Appointments, Visiting Friends & Neighbours; Shopping, Events, Plays, and Religious Services; and much more.

## **Home Services**

Home Services include General Cleaning; Vacuuming; Dusting; Washing Floors; Washing Dishes; Laundry; Ironing; Changing Beds; Defrosting Refrigerators/Freezers; Cleaning Ovens/Stoves and China Cabinets; Caring for House Plants; Taking Out Garbage; Gardening; Oversee Home Deliveries and Home Maintenance; Caring for Pets including Feeding, Exercising, and Cleaning; and much more.

## **Personal Care Services**

Personal Care Services include assisting the client with tasks such as Grooming (Hair Care, Shaving, Cleaning Teeth/Dentures; Makeup; Dressing) Hygiene (Tub, Bed or Sponge Baths; Showers; Toileting Activities) Mobilization (Turning, Lifts and Transfers, Exercising, Walking) Eating or Feeding, as well as Monitoring of Vital Signs such as Blood Pressures, Pulse and Respiration; and much more.

## **Alzheimer's Care**

We work with you to establish safe and more comfortable environments, trusting relationships and techniques to maximize independence for as long as possible for those with Alzheimer's disease. Our specialized approach of encouragement and assistance helps family members cope with the challenges of Alzheimer's disease and other dementia illnesses.

## **Home Health Check**

Home Health Check is a comfort service that provides a 15-20 minute face-to-face in-home visit. It may be used for medication reminders, to note and communicate anything out of the ordinary or of concern, or simply to ensure the senior is having a good day.